

**A S M R**



artificial seductive machine reading  
IN 2 IDENTICAL SECTIONS

Jake Reber



artificial seductive machine reading [IN 2 IDENTICAL  
SECTIONS] by Jake Reber

Copyright © 2018 Recreation resources

DOCUMENT—DISTRIBUTE—DECONSTRUCT—DESTROY

[recreationalresources.net](http://recreationalresources.net)



**A** r t i f i

**M** a c h i

cal **S**ed uct I ve

ne **R**ea di n g







P

A

[O

R T

N E]

PART ONE

ASMR

Approx.

8.6 min

I'm the book I'm  
your book I'm  
the book in your  
hands I'm the  
book in your  
hands being held  
by your fingers  
I'm the book in  
your hands being  
held by your  
fingers with

your fingers on  
the pages I'm  
not like every  
other object  
that you've ever  
held in your  
hands with your  
fingers and I'm  
not those other  
objects because  
I'm the book I'm

the book with a  
glossy cover and  
clean pages I'm  
the book with a  
glossy cover and  
clean pages so  
run your finger  
over the empty  
space now use  
your fingers and  
rub them over

the empty space  
and use both  
hands rubbing  
all the empty  
space with your  
fingers all over  
the book and  
think about the  
words and pages  
and the feeling  
of the words on



the pages and  
your hands on  
the pages and  
your fingers on  
the pages and  
don't forget  
about the glossy  
cover and when  
your hands were  
on the cover and  
feel the weight

of the cover and  
the pages and  
hands and fin-  
gers and all  
parts of your  
hands and fin-  
gers and feel  
the edges of the  
pages with your  
skin and by skin  
I mean your fin-

gers and your  
hands remember  
I'm the book I'm  
the book you  
hold in your  
hands with your  
fingers I'm not  
like the other  
objects I'm the  
book in your  
hands not the

other objects  
I'm this book in  
your hands with  
the glossy cover  
and the soft  
pages that you  
touch with your  
fingers and hold  
in your hands  
the book in your  
hands with the

soft pages that  
you touch and  
feel the empty  
spaces and feel  
the empty space  
with your hands  
and your fingers  
make sure you  
really feel it  
and remember  
this feeling of

your fingers and  
hands on the  
pages and the  
glossy cover and  
your fingers in  
the pages and  
how they feel as  
you turn the  
page and you  
hold the corner  
of the page in

between your  
fingers most  
likely your  
thumb and point-  
er but possibly  
other fingers as  
well and make  
sure you remem-  
ber this feeling  
of holding the  
book and turning

the pages with  
your fingers and  
turn the page so  
delicately and  
make sure you  
remember this  
feeling and now  
scan the page  
and fill it with  
your feelings  
and your fingers



while using your  
fingers and  
feeling the page  
and still think-  
ing about your  
hand holding the  
glossy cover and  
remember this  
feeling the  
feeling of this  
book your book

in your hands  
it's not another  
object it's this  
book I'm this  
book with the  
glossy cover and  
the soft pages  
that you felt  
with your fin-  
gers with your  
index and thumb

rubbing the edges of the pages and holding the glossy cover with your fingers more specifically your index finger riding across the page moving from left to

right slowly  
down the page  
covering every  
inch of every  
page using your  
index finger  
feel the page  
against your  
skin while still  
holding the  
glossy cover in

your open hand  
remember these  
feelings before  
you turn the  
pages each page  
feels a bit dif-  
ferent than each  
other page  
against your  
finger and each  
page feels dif-

ferent then the  
glossy cover al-  
ways remember  
these feelings  
because the book  
isn't another  
book it's your  
book I'm this  
book that you  
hold in your  
hands and you

feel with your  
fingers I'm the  
book in your  
hands I'm not  
another object  
I'm the book  
with the words  
on the pages  
that you touch  
with your fin-  
gers always us-

ing your fingers  
to touch the  
pages and using  
your fingers to  
follow the words  
on the pages al-  
ways using your  
hands to hold  
the glossy cover  
and touch the  
spine with your



fingers touch  
the glossy spine  
with your fingers  
and trace  
the text on the  
spine with your  
fingers and now  
move back into  
the book sliding  
through the pages  
lightly with

your fingers and  
turn the pages  
and turn the  
pages and turn  
the pages with  
your fingers  
while holding  
the book with  
your hand and  
don't forget  
about the glossy

cover and take a  
second and think  
about the empty  
space on each  
page and fill it  
with your  
thoughts and use  
the empty space  
and fill it with  
your thoughts  
and fill it with

your soft  
thoughts and  
fill it with  
your soft  
thoughts and  
hold the glossy  
cover in your  
hand and turn to  
this page and  
close your eyes  
and close your

eyes and close  
your eyes and  
close your eyes  
and keep them  
closed but don't  
turn the page  
and keep your  
eyes closed and  
feel your eye-  
lids against  
your eyes just

like you feel  
the page with  
your fingers and  
feel your eye-  
lids against  
your eyes just  
like you feel  
the page with  
your fingers and  
open your eyes  
and stay on this

page feel the  
page with your  
eyes and fingers  
and close your  
eyes and keep  
them closed but  
don't turn the  
page and keep  
your eyes closed  
and feel your  
eyelids against

your eyes just  
like you feel  
the page with  
your fingers and  
feel your eye-  
lids against  
your eyes just  
like you feel  
the page with  
your fingers and  
open your eyes



and stay on this  
page feel the  
page with your  
eyes and fingers  
and think about  
the page while  
touching the  
page with your  
eyes and fingers  
and remember the  
feeling of your

hands on the  
glossy cover and  
fill the empty  
space of the  
page with your  
thoughts and al-  
ways remember  
that you can  
write them down  
in the empty  
space of the

page but make  
sure they're  
still your soft-  
est thoughts and  
feel the empty  
space in your  
softest thoughts  
with your fin-  
gers just like  
you feel the  
page with your

fingers and turn  
the page by  
holding the cor-  
ner with your  
index and thumb  
and turn the  
page with your  
index and thumb  
and turn the  
page with your  
index and thumb

and turn the  
page with your  
index and thumb  
and turn the  
page with your  
index and thumb  
and feel the  
edge of the page  
with your index  
finger and feel  
the edge of the

page with your  
index finger and  
feel the edge of  
the page with  
your third fin-  
ger and feel the  
edge of the page  
with your fourth  
finger and feel  
the edge of the  
page with your

pinkie finger  
and feel the  
edge of the page  
with your pinkie  
finger and feel  
the edge of the  
page with your  
index finger and  
feel the edge of  
the page with  
your index fin-

ger and let your  
palm fall on the  
new page and  
trace the out-  
line of each  
word on the page  
and trace each  
letter on the  
new page and let  
your index fin-  
ger and thumb



trace the margins of the page and then let the rest of your fingers traced the margins of the page and take a deep breath and release and take a deep breath and

release and take  
a deep breath  
and release and  
take a deep  
breath and re-  
lease and take a  
deep breath and  
release and take  
a deep breath  
and release and  
think about the

page and take a  
deep breath and  
release while  
holding the book  
with your hands  
and take a deep  
breath and re-  
lease and take a  
deep breath and  
release and  
think about the

page and take a  
deep breath and  
release while  
holding the book  
with your hands  
on the glossy  
cover because I  
am the book and  
I'm not like  
other objects  
remember this

thought while  
you're holding  
the book and  
touching the  
page and holding  
the book while  
touching the  
page with your  
fingers and  
holding the book  
with your hand

on the glossy  
cover and all  
your fingers and  
remember this  
feeling



P

A

[T



R T

WO]

PART TWO

ASMR

Approx.

17.2 min

[READ IT AT HALF THE SPEED OF PART ONE]

I'm the book I'm  
your book I'm  
the book in your  
hands I'm the  
book in your  
hands being held  
by your fingers  
I'm the book in  
your hands being  
held by your  
fingers with

your fingers on  
the pages I'm  
not like every  
other object  
that you've ever  
held in your  
hands with your  
fingers and I'm  
not those other  
objects because  
I'm the book I'm

the book with a  
glossy cover and  
clean pages I'm  
the book with a  
glossy cover and  
clean pages so  
run your finger  
over the empty  
space now use  
your fingers and  
rub them over

the empty space  
and use both  
hands rubbing  
all the empty  
space with your  
fingers all over  
the book and  
think about the  
words and pages  
and the feeling  
of the words on

the pages and  
your hands on  
the pages and  
your fingers on  
the pages and  
don't forget  
about the glossy  
cover and when  
your hands were  
on the cover and  
feel the weight

of the cover and  
the pages and  
hands and fin-  
gers and all  
parts of your  
hands and fin-  
gers and feel  
the edges of the  
pages with your  
skin and by skin  
I mean your fin-



gers and your  
hands remember  
I'm the book I'm  
the book you  
hold in your  
hands with your  
fingers I'm not  
like the other  
objects I'm the  
book in your  
hands not the

other objects  
I'm this book in  
your hands with  
the glossy cover  
and the soft  
pages that you  
touch with your  
fingers and hold  
in your hands  
the book in your  
hands with the

soft pages that  
you touch and  
feel the empty  
spaces and feel  
the empty space  
with your hands  
and your fingers  
make sure you  
really feel it  
and remember  
this feeling of

your fingers and  
hands on the  
pages and the  
glossy cover and  
your fingers in  
the pages and  
how they feel as  
you turn the  
page and you  
hold the corner  
of the page in

between your  
fingers most  
likely your  
thumb and point-  
er but possibly  
other fingers as  
well and make  
sure you remem-  
ber this feeling  
of holding the  
book and turning

the pages with  
your fingers and  
turn the page so  
delicately and  
make sure you  
remember this  
feeling and now  
scan the page  
and fill it with  
your feelings  
and your fingers

while using your  
fingers and  
feeling the page  
and still think-  
ing about your  
hand holding the  
glossy cover and  
remember this  
feeling the  
feeling of this  
book your book

in your hands  
it's not another  
object it's this  
book I'm this  
book with the  
glossy cover and  
the soft pages  
that you felt  
with your fin-  
gers with your  
index and thumb



rubbing the edges of the pages and holding the glossy cover with your fingers more specifically your index finger riding across the page moving from left to

right slowly  
down the page  
covering every  
inch of every  
page using your  
index finger  
feel the page  
against your  
skin while still  
holding the  
glossy cover in

your open hand  
remember these  
feelings before  
you turn the  
pages each page  
feels a bit dif-  
ferent than each  
other page  
against your  
finger and each  
page feels dif-

ferent then the  
glossy cover al-  
ways remember  
these feelings  
because the book  
isn't another  
book it's your  
book I'm this  
book that you  
hold in your  
hands and you

feel with your  
fingers I'm the  
book in your  
hands I'm not  
another object  
I'm the book  
with the words  
on the pages  
that you touch  
with your fin-  
gers always us-

ing your fingers  
to touch the  
pages and using  
your fingers to  
follow the words  
on the pages al-  
ways using your  
hands to hold  
the glossy cover  
and touch the  
spine with your

fingers touch  
the glossy spine  
with your fingers  
and trace  
the text on the  
spine with your  
fingers and now  
move back into  
the book sliding  
through the pages  
lightly with

your fingers and  
turn the pages  
and turn the  
pages and turn  
the pages with  
your fingers  
while holding  
the book with  
your hand and  
don't forget  
about the glossy



cover and take a  
second and think  
about the empty  
space on each  
page and fill it  
with your  
thoughts and use  
the empty space  
and fill it with  
your thoughts  
and fill it with

your soft  
thoughts and  
fill it with  
your soft  
thoughts and  
hold the glossy  
cover in your  
hand and turn to  
this page and  
close your eyes  
and close your

eyes and close  
your eyes and  
close your eyes  
and keep them  
closed but don't  
turn the page  
and keep your  
eyes closed and  
feel your eye-  
lids against  
your eyes just

like you feel  
the page with  
your fingers and  
feel your eye-  
lids against  
your eyes just  
like you feel  
the page with  
your fingers and  
open your eyes  
and stay on this

page feel the  
page with your  
eyes and fingers  
and close your  
eyes and keep  
them closed but  
don't turn the  
page and keep  
your eyes closed  
and feel your  
eyelids against

your eyes just  
like you feel  
the page with  
your fingers and  
feel your eye-  
lids against  
your eyes just  
like you feel  
the page with  
your fingers and  
open your eyes

and stay on this  
page feel the  
page with your  
eyes and fingers  
and think about  
the page while  
touching the  
page with your  
eyes and fingers  
and remember the  
feeling of your

hands on the  
glossy cover and  
fill the empty  
space of the  
page with your  
thoughts and al-  
ways remember  
that you can  
write them down  
in the empty  
space of the



page but make  
sure they're  
still your soft-  
est thoughts and  
feel the empty  
space in your  
softest thoughts  
with your fin-  
gers just like  
you feel the  
page with your

fingers and turn  
the page by  
holding the cor-  
ner with your  
index and thumb  
and turn the  
page with your  
index and thumb  
and turn the  
page with your  
index and thumb

and turn the  
page with your  
index and thumb  
and turn the  
page with your  
index and thumb  
and feel the  
edge of the page  
with your index  
finger and feel  
the edge of the

page with your  
index finger and  
feel the edge of  
the page with  
your third fin-  
ger and feel the  
edge of the page  
with your fourth  
finger and feel  
the edge of the  
page with your

pinkie finger  
and feel the  
edge of the page  
with your pinkie  
finger and feel  
the edge of the  
page with your  
index finger and  
feel the edge of  
the page with  
your index fin-

ger and let your  
palm fall on the  
new page and  
trace the out-  
line of each  
word on the page  
and trace each  
letter on the  
new page and let  
your index fin-  
ger and thumb

trace the margins of the page and then let the rest of your fingers traced the margins of the page and take a deep breath and release and take a deep breath and

release and take  
a deep breath  
and release and  
take a deep  
breath and re-  
lease and take a  
deep breath and  
release and take  
a deep breath  
and release and  
think about the



page and take a  
deep breath and  
release while  
holding the book  
with your hands  
and take a deep  
breath and re-  
lease and take a  
deep breath and  
release and  
think about the

page and take a  
deep breath and  
release while  
holding the book  
with your hands  
on the glossy  
cover because I  
am the book and  
I'm not like  
other objects  
remember this

thought while  
you're holding  
the book and  
touching the  
page and holding  
the book while  
touching the  
page with your  
fingers and  
holding the book  
with your hand

on the glossy  
cover and all  
your fingers and  
remember this  
feeling

